



DIAGNOSTIC TECHNIQUES

INTRADERMAL TESTING

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WHEN DO I DO IT?

- After a clinical diagnosis of atopic dermatitis has been made and you want to identify the relevant allergens to include in an allergy vaccine
- · As an adjunct test to confirm flea allergy in a dog

WHAT CAN I FIND?

• Identify the most important environmental allergens (house dust mites; animal danders; pollens from trees, weeds and grasses; molds)

WHAT DO I NEED?

- · An assortment of relevant allergens, usually about 50, diluted to proper skin test concentration
- · Tuberculin syringes and 25 ga needles, clippers, permanent marker pen, calipers or ruler to measure reaction sites

EQUIPMENT VIDEO: ExcellenceInDermatology.com → Education Library → Videos

TECHNIQUE IMAGES: INTRADERMAL TESTING





Multiple syringes filled with allergens for intradermal testing | Injecting allergen into the dermis



Multiple positive reactions in a dog with atopic dermatitis Positive intradermal test to flea allergen



((-) and (+) controls on the top row)

HOW DO I DO IT?

- If necessary sedate the dog with medetomidine or propofol
- · Clip the hair from the lateral thorax
- Mark the sites with a permanent marker pen

- Inject approximately 0.05 ml of the negative and positive control controls as well as each allergen
- Reaction sites are examined 10 to 20 minutes later and evaluated for size, erythema and turgor and graded from 0 to 4+.

PROCEDURE VIDEO: ExcellenceInDermatology.com → Education Library → Videos

TIP

- This test will not diagnose the disease but should only be used for those patients where immunotherapy is going to be used to treat atopic dermatitis
- Most dogs with flea allergy will show an immediate reaction but some will only have a delayed (24-48 hour) reaction